

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
8:30						
9:00			Yoga		Stretch and Strength	Muscle Conditioning
9:30					Yoga NEW	NEW
10:00		Body Bootcamp NEW				
10:30						
11:00						
4:30		Junior jazz	Senior Ballet	Intermediate Hip Hop-Jazz	Intermediate Musical Theatre	Junior Ballet
5:00						
5:30		Tiny Tutus	Tiny Tutus		Primary Tap	Senior Ballet
6:00		Zumba	Primary Ballet	Bustin' Buddies	NEW	
6:30					Primary Jazz	
7:00	Couples Ballroom NEW	Stretch and Strength	Zumba	Senior Musical Theatre		
7:30					Body Bootcamp	
8:00		Body Bootcamp	Couples Ballroom	Senior Contemporary		
8:30					Body Bootcamp	
9:00					NEW	
9:30						

Tiny Tutus: 3-4

Bustin' Buddies: Boys 3-5

Primary: 5-6

Junior: 7-8

Intermediate: 9-12

Senior: 13+

Adult